



# Traditional/Sports Camp

**8:00-9:00 am**

**Drop Off and Pre-Camp Activates or Games**

**9:00-9:30 am**

**Introduction and Ice Breakers**

**9:30 – 11:00 am**

**Group Activities (ex. Alien Invasion, Relay Races, Shipwreck, Soccer, or Kickball)**

**10:30-11:00 am**

**Snack**

**11:00 – 12:00 am**

**Group Activities (Ga Ga Ball or Arts & Crafts)**

**12:00-12:30 pm**

**Lunch**

**12:30-1:45 pm**

**Group Activities (ex. Pillow Polo Hockey, Dr. Dodgeball or Bucketball)**

**1:45-2:15 pm**

**Low Energy Activity (Bingo, Charades, & Board Games)**

**2:15-2:45 pm**

**Group Activities (Capture the Flag or World Cup)**

**2:45-3:40 pm**

**Group Activities (ex. Fox Tails, Tribal Chief, and Extreme Simon Says)**

**3:40-4:00 pm**

**Closing Camp Activates or Games**

**4:00-5:00 pm**

**Extended Day - Party Room**

